



## 2024 ADULT INTENSIVE PROGRAM

Schedule subject to change

### FULL SCHEDULE

Tuesday, May 28<sup>th</sup> from 4:30-8:30PM  
Wednesday, May 29<sup>th</sup> from 4:30-8:30PM  
Thursday, May 30<sup>th</sup> from 4:30-8:30PM  
Friday, May 31<sup>st</sup> from 9:00-4:30PM  
Saturday, June 1<sup>st</sup> from 9:00-2:45PM

### SAMPLE DAILY SCHEDULE\*\*

#### Tuesday-Thursday

- 4:30-6:15PM – Ballet Technique
- 6:30-7:15PM – Variations/Repertory
- 7:30-8:30PM – Auxiliary Class\*
  - \*Auxiliary classes may include: Contemporary, Jazz, Pilates, Yoga, Yamuna Body Rolling

#### Friday

- 9:00-9:45AM – Health & Wellness Class\*
  - \*Health & Wellness classes may include: Pilates, Body Conditioning, Gyrotonics, Yoga
- 10:00-11:45AM – Ballet Technique
- 12:00-12:45PM – Variations
- 12:45-1:45PM – Lunch Break
- 1:45-2:45PM – Auxiliary/Repertory
- 3:00-4:00PM – Yamuna Body Rolling
- **Exclusive *Behind the Scenes* Tour to follow Friday's classes**

#### Saturday

- 9:00-9:45AM – Health & Wellness Class
- 10:00-11:45AM – Ballet Technique
- 12:00-12:45PM – Variations
- 12:45-1:45PM – Lunch Break
- 1:45-2:45PM – Auxiliary/Repertory
- **TBD – Pre-show conversation with Houston Ballet artists**
- **7:30PM – Houston Ballet's *Mayerling* Performance**

\*\*Please note that exact schedules may vary day-to-day and are subject to change.

### Enrollment Options

#### **Option 1:**

May 28 – June 1, 2024  
Tuesday – Saturday (5-day)  
Tuition: \$550\*

#### **Option 2:**

May 31 – June 1, 2024  
Friday & Saturday (2-day)  
Tuition: \$350\*

*\*Includes the cost of 1 ticket to Houston Ballet's Mayerling on June 1<sup>st</sup>*